



ACTION & ADVENTURE

The Urban Splash trail has a huge range of activities available to get your pulse racing – on land and water.

PADDLEBOARDING 1

Get a fun workout as you enjoy the natural beauty of Dublin Bay.

- * **Aboveboard:** +353 (0) 1 280 4774, www.aboveboard.ie, The West Pier, Dún Laoghaire
- * **CP Adventures:** +353 (0) 86 980 3201, www.cpadventure.ie

KAYAKING 2

Get up close to seals and other wildlife as you explore coves, landmarks and historic fortifications.

- * **Kayaking.ie:** +353 (0) 86 168 4755, www.kayaking.ie
- * **CP Adventures:** +353 (0) 86 980 3201, www.cpadventure.ie

KITESURFING 3

Young and old riders can savour some of the best kitesurfing conditions in the world.

- * **Aboveboard:** +353 (0) 1 280 4774, www.aboveboard.ie, The West Pier, Dún Laoghaire

MOUNTAIN BIKING 4

Swap the cycle lanes for a more extreme experience in the saddle on Killiney Hill or Ticknock Woods.

- * **Biking.ie:** www.biking.ie
- * **Dún Laoghaire Cycling Tours:** +353 (0) 86 875 8744, www.dunlaoghaircyclingtours.com

ROCK CLIMBING & ABSEILING 5

Put your skills to the test in Dalkey Quarry.

- * **Extreme Ireland:** +353 (0) 1 410 0700, www.extremeireland.ie
- * **Vertigo Outdoor:** www.vertigo-outdoor.com
- * **Adventure.ie:** +353 (0) 86 827 2524, www.adventure.ie



SCUBA DIVING 6

Discover bountiful sea life and ship wrecks below the surface of Dublin Bay.

- * **Ocean Divers:** +353 (0) 1 280 1083, www.oceandivers.ie
- * **Irish Underwater Council:** +353 (0) 1 284 4601, www.diving.ie
- * **Dalkey Scubadivers:** +353 (0) 1 123 4455, www.dalkeyscubadivers.com
- * **Curragh Sub Aqua:** www.csac.ie
- * **Trident Sub Aqua Club:** +353 (0) 1 224 1782, www.dublindiving.com

DIVE IN! BEACHES & SWIMMING SPOTS

Fancy a dip? The Urban Splash trail runs for 17km of coastline, with beautiful beaches and swimming spots nestled among picturesque villages and fishing harbours. Go on, get your toes wet...

SEAPOINT 7

A popular spot for beach-goers, swimmers, kayakers, paddleboarders, kitesurfers and other water sports enthusiasts. The Martello Tower along from the Dart station marks the best point of access.

SANDYCOVE BEACH 8

A small yet perfectly formed sandy inlet with terrific views to Dún Laoghaire, Sandycove is an ideal spot for families with children of all ages to enjoy a beach break in a safe environment.

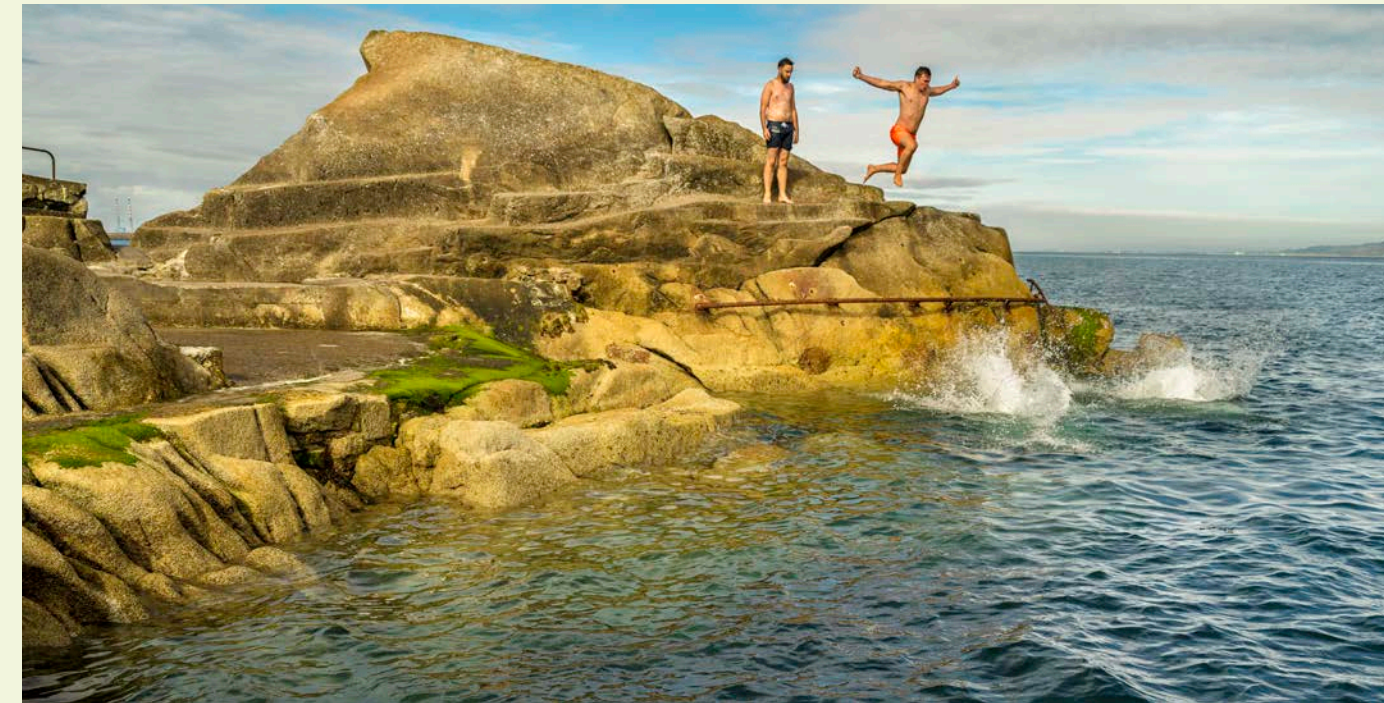


THE 40 FOOT 9

This iconic bathing pool – named by *The New York Times* as one of The 10 Best Places in the World to Swim – is nestled within a rocky outcrop around the corner from Sandycove Beach. It features in James Joyce's novel *Ulysses*, and was originally a men only nude bathing spot. These days the 40 Foot is a popular spot for a bracing dip for all people of all ages.

KILLINEY BEACH 10

This sheltered stony beach is about 800m long and has spectacular views to Sorrento Terrace and Bray Head. A popular option with bathers, swimmers and fishermen, Killiney Beach enjoys excellent access by train at Killiney Dart Station.



TOP WALKS

EAST PIER & THE METALS 16

There are few things more rejuvenating than a stroll along the East Pier and The Metals, which brings you from Dún Laoghaire town to Dalkey village taking in breath-taking scenery and landmarks on the way. You can even download some colourful commentary to keep you company.

KILLINEY HILL 17

Walk to the top and enjoy the spectacular views south to Killiney Bay, inland towards the mountains, and north as far as Ulster. Remember to make a wish on top of the Wishing Stone. On the way down, look out for native red squirrels and explore the remains of 'The Druid's Chair' ancient church.

SCULPTURE TRAIL 18

Sample stunning art in public spaces along the Dublin Coast – including Richard Enda King's 'Vigil' in Dun Laoghaire and Rowan Gillespie's 'Blackrock Dolmen' in Blackrock. Pick up a map from the Tourist Information Office or view the interactive map online.

GUIDED LITERARY WALKS 19

Transport yourself into the works of James Joyce, George Bernard Shaw, Flann O'Brien and Hugh Leonard by learning about the settings of their work. There's also plenty for fans of Maeve Binchy and Joseph O'Connor. Contact Dalkey Castle & Heritage Centre for bookings. +353 (0) 1 285 8366.



ON YOUR BIKE!

Saddle up and explore the historic and cultural landmarks of Dublin's amazing south coast by bicycle. There are 250km of cycle routes in Dún Laoghaire-Rathdown County. Dedicated maps are available from Tourist Information in Dún Laoghaire and at www.dlrcoco.ie.

WHERE TO HIRE A BIKE 20

- * **Dún Laoghaire Cycle Tours:** Take the scenic route from Dún Laoghaire to Killiney and back. +353 (0) 86 875 8744, www.dunlaoghaircyclingtours.com
- * **Dublin Loves Bikes:** +353 (0) 83 421 9241, www.dlbcycles.ie, 72 York Road, Dún Laoghaire, Dublin
- * **Aboveboard:** +353 (0) 1 280 4774, www.aboveboard.ie, The West Pier, Dún Laoghaire.
- * **CP Adventures:** +353 (0) 86 980 3201, www.cpadventure.ie



FOR ALL THE FAMILY

DALKEY CASTLE 21

You'll be transported back to the 15th Century through live theatre and guided tours – and immersed in 6,500 years of human history in the interactive Heritage Centre. +353 (0) 1 285 8366, www.dalkeycastle.com

NATIONAL MARITIME MUSEUM 22

Embark on a voyage of discovery with enthralling stories of discovery, heroism, war and disasters at sea. Learn about maritime history, exploration, technology, wildlife, and art inspired by the sea. +353 (0) 1 214 3964, +353 (0) 1 280 0969, www.mariner.ie

COCO MARKET @ THE PEOPLE'S PARK 23

Browse more than 50 stalls selling arts, crafts, and delicious artisan food at this wonderful Sunday market in the beautiful People's Park in Dún Laoghaire. +353 (0) 1 204 7024, www.dlrcoco.ie

THE PAVILION THEATRE 24

Theatre, cinema, comedy, literature, opera, dance, workshops, festivals and local arts – the Pavilion provides the cultural heartbeat for Dún Laoghaire town. +353 (0) 1 231 2929, www.paviliontheatre.ie



JAMES JOYCE TOWER & MUSEUM 25

This Martello Tower in Sandycove – one of eight located along the Urban Splash trail – which famously features at the beginning of James Joyce's *Ulysses*, contains a treasure trove of the author's letters, photographs and personal possessions. +353 (0) 1 280 9265, www.jamesjoycetower.com

PARK LIFE 26

Visit the Red Squirrel Conservation Project at Killiney Hill Park, take part in a 5km Parkrun, or simply relax and let the children play in one of the many safe, well-maintained public parks along the Urban Splash trail.



THE LEXICON 27

This striking cultural centre overlooking Dun Laoghaire Harbour includes public libraries and computers – as well as a municipal gallery, studio theatre, and exhibition spaces. +353 (0) 1 280 1147, www.libraries.dlrcoco.ie

ON THE WAVES

DLR is the perfect base from which to explore beautiful Dublin Bay. Dún Laoghaire is a mecca for sailors – there are four yacht clubs in the Harbour, as well as a Marina.



The Irish National Sailing & Powerboat School has sailing courses to suit all levels, while Dublin Bay Cruises and Dublin Boat Tour offer trips from Dún Laoghaire to Dublin City

Centre, Howth, and around Dalkey Island. There are small boats and fishing equipment for hire at Bullock Harbour near Dalkey, or cast a line off the piers in Dún Laoghaire or at Coliemore Harbour.

GET IN TOUCH

Dún Laoghaire Harbour 11

- * **Dublin Bay Cruises:** +353 (0) 1 901 1757, www.dublinbaycruises.com
- * **Dublin Boat Tour:** www.dublinboattour.com
- * **Dún Laoghaire Marina:** +353 (0) 1 202 0040, www.dlmarina.com
- * **Irish National Sailing & Powerboat School:** +353 (0) 1 284 4195, www.inss.ie
- * **Dún Laoghaire Powerboat School:** +353 (0) 1 280 4422, www.powerboatschool.ie
- * **GoSailing.ie Powerboat Excursions:** +353 (0) 87 0922913, www.gosailing.ie

Bullock Harbour Boat Hire 12

+353 (0) 1 280 6517 or +353 (0) 1 280 0915



DUBLIN BAY BIOSPHERE

Dublin Bay is a designated UNESCO Biosphere for nature conservation due to its unique ecological habitat and biological diversity. A huge diversity of mammals, birds, fish, insects and plants live and breed on the Bay's coastal habitats. Find out more at www.dublinbaybiosphere.ie.

BOOTERSTOWN MARSH 13

This saltmarsh bird sanctuary is an essential refuelling and resting spot for migrating birds, providing habitats for Moorhen, Reed Bunting, Sedge Warbler, Teal, Snipe, Lapwing, Oystercatcher, Redshank, Dunlin, and Brent Geese.

DALKEY ISLAND 14

An uninhabited island which is home to a colony of seals and several bird species – and has archaeological remains dating to 3000BC. Visit the 10th Century church, the Napoleonic Martello Tower and gun battery, and walk the paths where Vikings once had a slave camp.

Dublin Bay Biosphere Tours: 15

+353 (0) 1 901 1757, www.dublinbaycruises.com



GETTING HERE

CITY CENTRE TO THE COAST IN 10 MINUTES

The Urban Splash trail lies along Dublin Bay's southern coast and, at just 7km from the city centre, it is easy to get to. Our beautiful towns and villages are perfectly placed for an activity-packed day away from the hustle and bustle of the city centre.



There are 10 DART train stations along the Urban Splash coastline. It takes just 10 minutes to get to Booterstown from the city centre, 18 minutes to Dún Laoghaire, and 26 minutes to Dalkey – with spectacular views of Dublin Bay all the way.



Dublin Bus services run from the city centre to all parts of the Urban Splash trail. Visit www.dublinbus.ie for more information.



Dublin Airport is only 20km away, take the Aircoach or a taxi and you can be in Dún Laoghaire, at the heart of the Dublin Coast, in just 40 minutes.

URBAN SPLASH JUST 10 MINS FROM DUBLIN CITY CENTRE!

Dublin
A Breath of Fresh Air
#LOVEDUBLIN

URBAN SPLASH



TOURIST INFORMATION

For information on activities, tours, services and supports along the Urban Splash trail, visit the Tourist Office online at www.dlrtourism.ie or in person across from the DART station in Dún Laoghaire town.

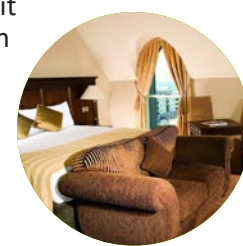
+353 (0) 1 280 6964

www.dlrtourism.ie



ACCOMMODATION

Base yourself on the Dublin coast for the best value accommodation when visiting Ireland's capital city. There's a great selection of hotels, guesthouses, B&Bs, and self-catering accommodation to suit all budgets – all within easy reach of the city centre. Contact the Tourist Office for information about the latest offers on accommodation.



EATING OUT

The towns and villages along Dublin's coast are packed with restaurants ready to bring the bounty of Dublin Bay and beyond to your table. Michelin-starred restaurants, family-friendly gastro-pubs, relaxing brasseries, bustling cafés, farmers' markets – you'll find something to suit every taste.

Try Blackrock's café culture, the trendy mews restaurants of Monkstown, and the incredible range of contemporary Irish and international eateries on offer from Dún Laoghaire to Dalkey. You'll discover some of the very best places to eat in Ireland.



FESTIVALS AND EVENTS

There's always something special happening on the Urban Splash trail – and we'd love you to be a part of it. We're proud of the packed calendar of cultural, social and sports events that take place all year round. Many of them are free!

The Tourist Office has the most up to date information on the events, concerts, shows, music and literary festivals, and exhibitions taking place.



10 GREAT EXPERIENCES

- GO PADDLEBOARDING 1
- KAYAK AROUND DALKEY ISLAND 2
- TAKE A DIP AT THE 40 FOOT 9
- LEARN TO SAIL 11
- GO FISHING AT BULLOCK HARBOUR 12
- GO ON A DUBLIN BAY BIOSPHERE CRUISE 15
- WALK THE EAST PIER IN DUN LAOGHAIRE 16
- ENJOY THE VIEW FROM KILLINEY HILL 17
- TAKE A CYCLE TOUR 20
- STEP BACK IN TIME AT DALKEY CASTLE 21



THE URBAN SPLASH TRAIL STARTS JUST 10 MINUTES FROM DUBLIN CITY CENTRE!

MAKE AN URBAN SPLASH IN DUBLIN!

The beautiful Dublin Coast is truly where the city meets the sea. There's a host of activities to enjoy on land and in the pristine waters of the Irish Sea.

You can learn to sail, enjoy a thrilling trip in a power-boat, or try paddleboarding, kayaking and kite-surfing. Dive in for a sea swim or just relax on the beach. Go fishing or take a cruise and learn about the incredible Dublin Bay UNESCO Biosphere. Hire a bike or simply go for a stroll and enjoy the breath-taking views.

Visit the charming towns and villages which adorn our coastline – there are loads of fun cultural attractions and delights just waiting for you to discover them. You can explore ancient castles and harbours, browse unique boutiques, and eat in some of the best restaurants in Ireland. The choice is yours.

The Urban Splash trail offers something for everyone – from families to couples of all ages, from extreme sports enthusiasts to travellers who just want to soak it all in. Best of all, it starts just 10 minutes from Dublin City Centre.

SO, GO ON, MAKE A SPLASH!

