



## GET IN GEAR

### MOUNTAIN BIKING

The Dublin Mountains are a mecca for mountain bikers, with challenging trails to suits all levels – depending on your skill, fitness and courage!

### TICKNOCK MOUNTAIN BIKE TRAILS 1

Ticknock's 16km of fast and fun trails will keep the most experienced bikers on the edge of their seat. Bike hire facilities, lessons and guided tours available. **Contact:** +353 (0) 83 417 3899, +353 (0)83 414 7627, [www.biking.ie](http://www.biking.ie)

### GLENCULLEN ADVENTURE PARK 2

The GAP offers 13 action-packed trails of winds and bends, smoothed paths and dramatic ledges, and obstacles courses with roots and rocks. Bike hire and uplift facilities. **Contact:** +353 (0)1 294 2782, [www.thegap.ie](http://www.thegap.ie)

### BIKE HIRE

**HilltopTrek Bikes:** Guided and self-guided tours of the Dublin Mountains on electric bikes, with collections from city centre. +353(0) 87 7849 599, [www.hilltoptreks.ie](http://www.hilltoptreks.ie)

**Biking.ie:** Specialist mountain bike rental by the half-day and day. +353 (0) 83 417 3899, +353 (0)83 414 7627, [www.biking.ie](http://www.biking.ie)

**Blepper Bikes:** Hire a bike using your smartphone. Visit [www.blepperbike.com](http://www.blepperbike.com) for locations.

## HIT THE HEIGHTS

### SKIING 3

Get into winter at the dry ski slope near Kilternan. There's group ski and snowboarding lessons from September to April, or just head out for a practice session on your own. Ski and boot hire is included in the price. **Contact:** +353 (0)1 295 5658, [www.skiclub.ie](http://www.skiclub.ie)



### PAINTBALLING 4

Work out your anger issues or simply relive your childhood in a safe but competitive game of paintballing at Skirmish Paintball near Kilternan. **Contact:** +353 (0) 87 336 9107, [www.skirmish.ie](http://www.skirmish.ie)

### ZIPLINING 5

Take to the treetops, swing into cargo nets, ride a bmx across a bridge, and go zipping down any number of ziplines at the Zipit high-wire adventure park in Tibbradden Wood. **Contact:** +353 (0) 51 858 008, [www.zipit.ie](http://www.zipit.ie)



## REFUELLING

### TOWNS & VILLAGES

There are charming stop-off points in the Dublin Mountains where you can fuel your sporting activities

### GLENCULLEN

This village is on the route of the Wicklow Way. Stop off for a pint and bite to eat at the iconic Johnnie Fox's Pub, said to be the highest pub in Ireland.

### KILTERNAN

There's an excellent Country Market on Saturday mornings, the ruins of Kilternan Abbey close to the Golden Ball pub, and a dry ski slope just a couple of kilometres down the road.



### SHANKILL

The starting (or finishing) point of the Dublin Mountains Way, Shankill village has an excellent selection of shops, cafés, restaurants, and pubs if you're looking for a pre- or post-hike bite.

### STEPSIDE

With several shops and restaurants, this is the perfect starting post to grab a bite to eat or stock up on supplies for your hike!

## WALKING TOURS

Several companies operate walking tours in the Dublin Mountains using expert local guides, while the Dublin Mountains Partnership also provides free guided walks. Here are a few favourites...

### THE FULL MOON WALK

This cracking night walk to the Ballycorus Lead Mines offers stunning views of Dublin City and the coast. Check for a clear night! [www.hilltoptreks.ie](http://www.hilltoptreks.ie)

### DUBLIN MOUNTAINS PARTNERSHIP

The Dublin Mountains Partnership run regular free guided walks along different routes throughout the mountains – often incorporating themes such as dog walking, map-reading and photography. Visit [www.dublinmountains.ie](http://www.dublinmountains.ie) for more information.

### DUBLIN MOUNTAINS PUB TOUR

Not so much a walk but a terrific opportunity to savour the mountain views while sampling great hospitality at iconic pubs including The Blue Light, the Merry Ploughboy and Johnnie Fox's. [www.ruraltours.ie](http://www.ruraltours.ie)

### WALKING TOUR OPERATORS

**Hilltop Treks:** [www.hilltoptreks.ie](http://www.hilltoptreks.ie), +353(0) 87 7849 599

**Extreme Ireland:** [www.extremeireland.ie](http://www.extremeireland.ie), +353 (0) 1 410 0700

**Trails and Tales:** [www.trailsandtales.ie](http://www.trailsandtales.ie), +353 (0) 87 121 3360

**Mountain Trails:** [www.mountaintrails.ie](http://www.mountaintrails.ie), +353 (0) 87 603 0482

**Rural Tours:** [www.ruraltours.ie](http://www.ruraltours.ie), +353 (0) 1 4958111, +353 (0) 87 9324036

**Dublin Mountains Partnership:** [www.dublinmountains.ie](http://www.dublinmountains.ie)



## WALK THIS WAY

The Dublin Mountains are a walker's paradise, with marked routes to suit all levels and unbeatable views over Dublin City.

### TOP WALK & VIEWS

### THE DUBLIN MOUNTAINS WAY P U B

This marked trail runs 43km from Shankill village across the mountains. It's a strenuous full day's hike of around 12.5 hours, although individual stages can be walked in an hour or two. Here are some of the best:

### SHANKILL TO SCALP LOOP P U B

This moderate 12km loop hike takes 3-4 hours. From Brady's pub in Shankill, follow the marked trail through Rathmichael Wood and Carrickgollogan, past the Lead Mine to Barnaslingan Wood and the stunning 'Scalp' viewing point.

### FAIRY CASTLE LOOP P U B

The 5.5km, 1 ¼ hours Fairy Castle Loop on Ticknock Hill is of moderate difficulty. Savour fantastic views over Dublin and go searching for fairies at the romantic Fairy Castle ruins – a cairn which marks the highest point of the Dublin Mountains.

**MORE INFORMATION AND ROUTE MAPS**  
Dublin Mountains Partnership – [www.dublinmountains.ie](http://www.dublinmountains.ie)  
Coillte – [www.coillte.ie](http://www.coillte.ie)



### HELLFIRE CLUB P U B

Allow 1.5 hours for this relatively easy, 5.5km walk through Massy's Estate takes in the notorious Hellfire Club – a remote 'hunting lodge' lodge built in 1725 which is said to have once been used for satanic rituals!

### TIBBRADDEN WOOD P U B

This beautiful trail starts in a forest with Scots pine, Japanese larch, European larch, Sitka spruce, oak and beech trees. When you emerge from the wood, there is an open cairn and Cist burial site, which is a great place to take in the views. Moderate, 2.5km/2hours.



### KILLINEY HILL P U B

A popular destination for walkers because of spectacular views which stretch north as far as Ulster, east across the Irish Sea to Wales, and south and west to the Dublin and Wicklow Mountains.

### THE WICKLOW WAY P U B

Don't let the name fool you, this iconic mountain walk starts in Dublin. Stage one runs 12km from Marlay Park to Glencullen village. It takes 4 hours and boasts wonderful views and the prospect of a great meal at the finish!



## SADDLE UP & RIDE OUT

### HORSE RIDING

Savour some spectacular views from the saddle with a pony trek or riding lesson.

### GET IN TOUCH

**Carrickmines Riding Stables:** +353 (0)1 295 5990, [www.carrickminesequestrian.ie](http://www.carrickminesequestrian.ie) 6

**Killegar Riding Stables:** +353 (0)1 295 60919, [www.killegarstables.com](http://www.killegarstables.com) 7

**The Paddocks Riding Centre:** +353 (0)1 295 4278, [www.paddocks.ie](http://www.paddocks.ie) 8

**Kelystown Riding School:** +353 1 495 4004, [www.kelystownridingschool.com](http://www.kelystownridingschool.com) 9

If you prefer a flutter on the horses then there's no better bet than a day at **Leopardstown Racecourse**. Visit [www.leopardstown.com](http://www.leopardstown.com) for more. 10

## GET IN THE SWING

### PITCH & PUTT GOLF

**Glencullen Pitch & Putt:** +353 (0)1 295 4231 11

**Stepaside Golf Centre & Driving Range:** +353 (0) 1 295 3326, [www.stepasidegolfcentre.ie](http://www.stepasidegolfcentre.ie) 12

**The Burrow Par 3 Golf Course, Stepaside:** +353 (0)87 202 5620 13

**Rainforest Adventure Mini Golf, Dundrum Town Centre:** +353 (0)1 296 4588, [www.rainforestadventuregolf.ie](http://www.rainforestadventuregolf.ie) 14



## GARDEN & PARKS

There are many beautiful gardens and parks offering super activities and for all the family.

### AIRFIELD 15

Don't miss the agri-gardens and vintage car museum at this urban farm. You can also step back in time in the stately home and grab a bite in the excellent café. +353 (0) 1 969 6666, [www.airfield.ie](http://www.airfield.ie)

### CABINTEELY HOUSE AND GARDENS 16

Fascinating history and stunning gardens with views over Dublin Bay. There's also lovely food in the café.

### MARLAY PARK 17

Home to an historic stately home, Saturday farmer's market, playground, par-3 golf course, model railway, running and walking trails, and much more.



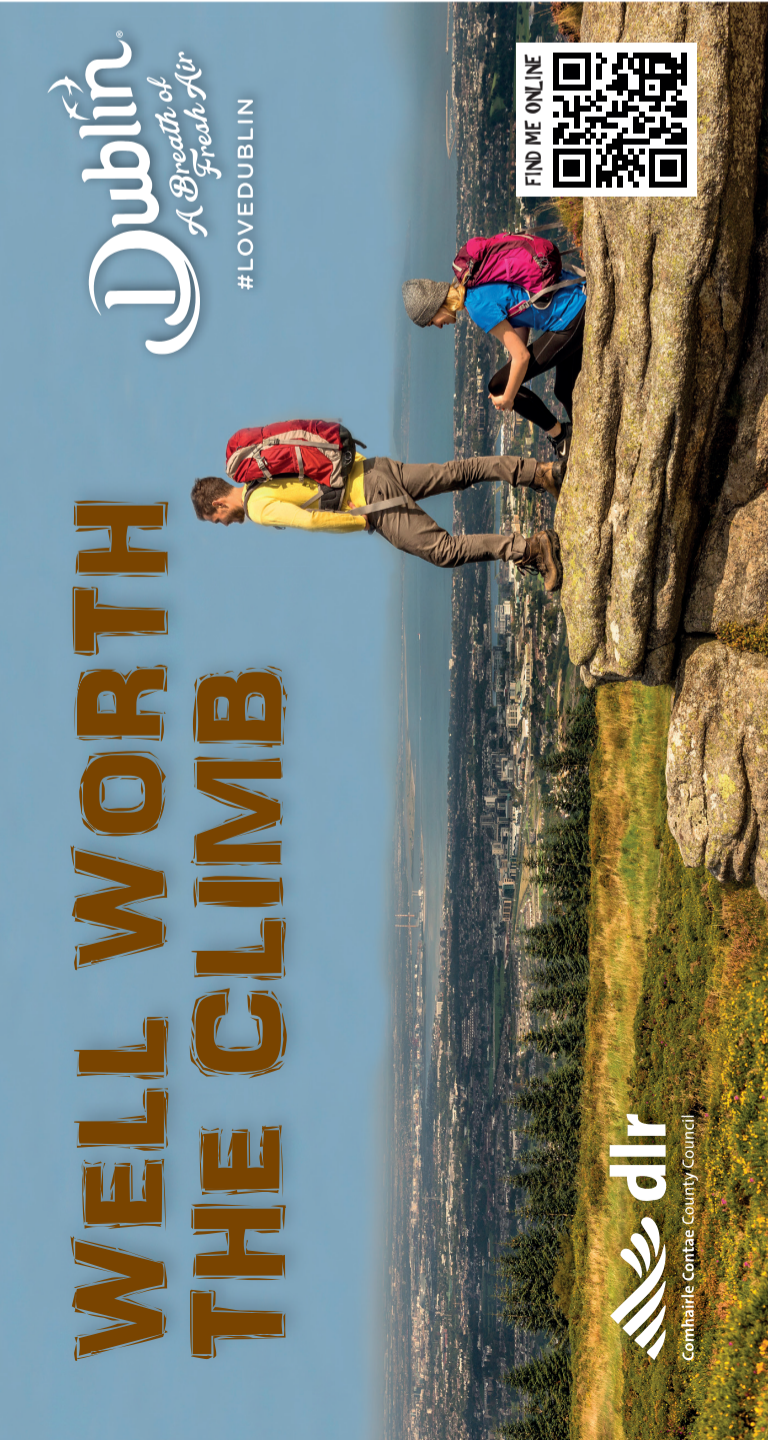
### FERNHILL GARDENS 18

Stunning and rare collections of plants, trees and shrubs, including rhododendrons and magnolias, make this a delightful stop-off.



## WELL WORTH THE CLIMB

DUBLIN MOUNTAINS – JUST 30 MINUTES FROM THE CITY CENTRE



## GETTING HERE

### CITY CENTRE TO THE MOUNTAINS IN 30 MINUTES

The Dublin Mountains rise just 10km from Dublin city centre and offer the perfect escape from the hustle and bustle of urban life!

### PUBLIC TRANSPORT

Plan your journey using a smart combination of Dublin Bus, Luas tram and DART train routes at [www.hitheroad.ie](http://www.hitheroad.ie), and enjoy the cheapest fares with the Leap Visitor Card. See [www.leapcard.ie](http://www.leapcard.ie) for more.



Dublin Bus operates extensive services into the mountains. Visit [www.dublinbus.ie](http://www.dublinbus.ie) to plan your trip.



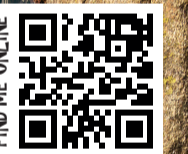
The Luas green line provides great access points to the Dublin Mountains. Visit [www.luas.ie](http://www.luas.ie).



Many great walks can be accessed by train from Dublin city centre. Visit [www.dart.ie](http://www.dart.ie).

### PRIVATE TRANSPORT

There's convenient free parking for drivers throughout the Dublin Mountains, while many activity operators offer collection services. Use their contact information in this guide, or visit [www.dlrtoism.ie](http://www.dlrtoism.ie).



WELL WORTH THE CLIMB



## TOURIST INFORMATION

Box here on Tourist Info to match the Urban Splash map might be a good idea???

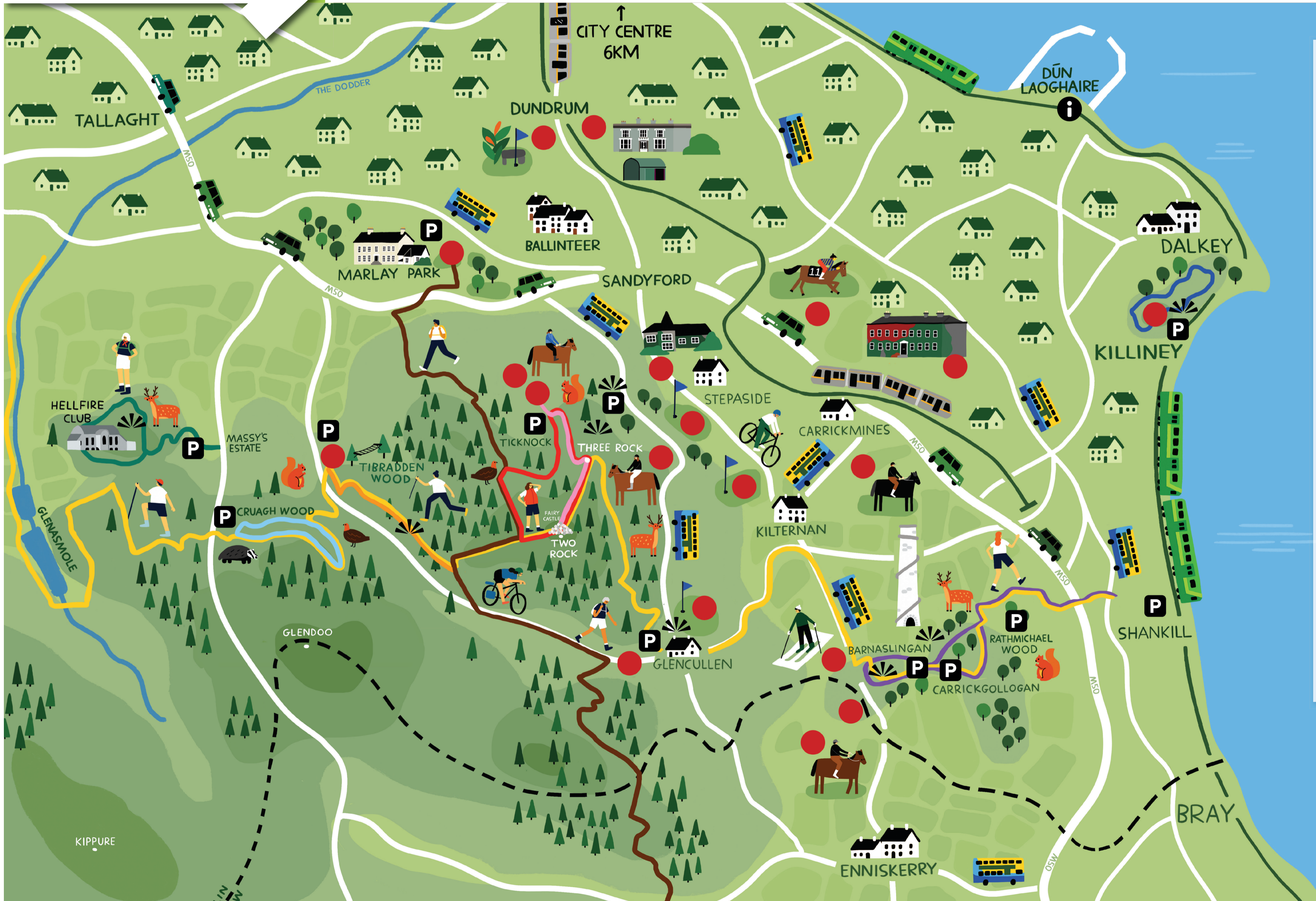


## GREAT VIEWING POINTS

- \* Carrickgollogan and The Ballycorus Lead Mines
- \* Ticknock
- \* The Blue Light Pub
- \* Glencullen
- \* Killiney Hill
- \* Tibbradden Wood
- \* Barnaslingan & The Scalp



[www.dlr tourism.ie](http://www.dlr tourism.ie)



## IT'S WELL WORTH THE CLIMB

From the mountains to the sea, Dublin is blessed with a stunning natural landscape – and you will experience Ireland's capital at its best when you spend a day getting close to nature in the Dublin Mountains.

Just 10km from the city centre, there's **great outdoors** to be discovered that is the perfect antidote to the hustle and bustle of city life.

Go hiking or horse-riding, mountain biking or zip lining, golfing or paintballing. Go wildlife watching, explore ancient sites and monuments, or just savour the **spectacular views**. The trails and forests of the Dublin Mountains have **something for everyone**.

Walk by yourself or opt for a guided tour. Many of the starting points are accessible by public transport, and have free car parking, while tour and activity operators can arrange collections from the city centre. Contact them to find out more.

**Action-packed** or leisurely-paced, the Dublin Mountains do both – and everything in between. All you have to do is choose! One thing for certain, you'll receive a **warm welcome** in every village and on every trail, and leave with great memories that last a lifetime.

It all starts just 30 minutes from Dublin city centre. So, go on and get outdoors in the Dublin Mountains. **It's Well Worth the Climb.**

### WALKS

- \* Dublin Mountains Way
- \* Shankill to Scalp Loop
- \* Fairy Castle Loop
- \* Hellfire Club
- \* Tibbradden Mountain Trail
- \* Killiney Hill
- \* The Wicklow Way

**P** PARKING

VIEWING POINTS