

RECOMMENDED BOOKS FOR **PRE-TEENS (8-12)** TO BUILD EMPATHY AND RESILIENCE



There are lots of great books out there that can provide positive messaging and relatable examples for children.

1

BRILLIANT **RODDY DOYLE**



This strange and charming book has resilience and empathy at its heart as children react to adult world problems, such as unemployment and depression, with humour and warmth.

2

ONE DAY **SUMA DIN**



A fascinating exploration of a day in the life of 15 children around the world. Food, family and daily life is wonderfully compared in a comic-book style.

3

HARRY POTTER **JK ROWLING**



'The boy who lived' overcomes seemingly insurmountable obstacles without the support of a traditional family. Themes of otherness, resilience and empathy abound in JK Rowling's classic series.

4

ZLATA'S DIARY **ZLATA FILIPOVIĆ**



A diary recording a young girl's experiences of the Bosnian war. We witness life change from piano lessons and school to aerial bombardment and loss of friends.

5

LONDON EYE **SIOBHAN DOWD**



An attempt to solve the mystery of a missing person allows readers an insight into the 'unique operating system' of Ted, our neuroatypical narrator.

6

WONDER **RJ PALACIO**



The story of boy with a facial deformity trying to blend into school, and his school community learning to make space for him.

#STRONGERSMARTERSAFER