

ROAD ACCESS RESTRICTIONS SUNDAY 19th AUGUST 2018

IRONMAN® 70.3 Dun Laoghaire is coming to your neighbourhood!

Pedestrian movement remains unrestricted and therefore, pedestrians may access and cross the bike course whenever it is safe to do so and under the guidance of event stewards when appropriate. However, the following restrictions apply to all vehicles. The detailed information below will allow you to plan your route on race day and avoid any unnecessary delays.

Emergency vehicles will have unrestricted access throughout.



Sunday 19th

Residents of Avondale Road

09:00 – 14:00 – Athletes from Ironman 70.3 will be cycling on Avondale Road from the Graduate roundabout to the Killiney Towers roundabout. During this time a one way system will be implemented to maintain resident access from Killiney roundabout to Ballinclea Road. All access and egress to/from Avondale Road should follow this route. There will be no vehicle movement northbound towards Killiney roundabout along Avondale Road.

From 09:45 – The one way system will continue from Ballinclea to Church Road to allow traffic south along Wyattville Road to the N11.

All vehicles coming to and from house on the west side of Avondale Road (Arnold Park side) will be managed across the bike route by traffic management stewards and Gardaí.

Residents of Arnold Grove, Hillcourt Road/Park, Sion Road, Glenageary Hall, Bellevue Avenue / Road.

06:30 – 09:00 – Access and egress via Avondale Road or Glenageary Road.

09:00 – 09:30 – There will be no access or egress on to Avondale Road or Glenageary Road

09:30 – 14:00 – A stop/go system will be in operation to allow residents to access and egress from Bellevue Road along Glenageary Road Upper. There will be no access/egress on to Avondale Road.

ABOUT IRONMAN® 70.3 Dun Laoghaire: Athletes complete an amazing 1.9km swim, 90km bike ride and finish with a 21.1km run. It takes place across Dun Laoghaire Rathdown, Wicklow South Dublin. This high profile event is part of a series of races around the world. Over 2,000 athletes from more than 40 countries will be competing.

The iconic IRONMAN® series of events is the largest participation sports platform in the world. Since the inception of the IRONMAN® brand in 1978, athletes have proven that ANYTHING IS POSSIBLE® by crossing finish lines at the world's most challenging endurance races.

WWW.IRONMAN.COM/DunLaoghaire70.3 | **Email: ireland70.3@ironmanroadaccess.com** | **TEL: 01 531 3311**



Main diversion routes are shown in green.
 For travel North – South use M50 & N11

Crossing Points are available across the cycle route where indicated but you may experience long delays at certain times

For safety please avoid parking on the bike route

