



# Ireland Reads 24 February 2024

## dlr Lexicon Programme of Events

### Prose and Pose Yoga

#### Little Wolf Family Yoga with Peter Donnelly and Paul Donnelly

10.00 - 10.45am and 11.30 - 12.15pm

Children's Library, Level 4

*Suitable for ages 5 - 10yrs*

*Fancy dress encouraged, come as your favourite forest animal!*

*Mats will be provided on the morning. Places are limited and based on first come, first served basis.*

At this special family edition of Prose and Pose Yoga, author-illustrator Peter Donnelly will inspire you to awaken your courage, as he reads from his heartfelt picturebook Little Wolf, a tale for little pups everywhere about finding your own voice, even if it means you stand out from the pack. Then take to the mat for a fun guided yoga flow with the Aquatic Yogi Paul Donnelly, building on that courage and summoning your own power from within!

**Peter Donnelly** is a best selling author and illustrator of children's picture books.

His titles include The Dead Zoo, Up on the Mountain, Little Wolf and the much loved President's Books series. The President's Cat and The President's Dog won him the An Post Children's Book of the Year in 2018 and 2023 respectively. Peter previously worked in feature animation for many years where he developed his love for Story Art. He lives in Co Wicklow.

Yoga has been a constant in Paul Donnelly's life for the past 10 years and recently he decided to become a yoga teacher to help bring yoga to the wider community, highlighting the benefits of it on both physical and mental well being. Paul believes yoga should be accessible to all and his love of the arts has helped him approach yoga with a new twist, creating Prose & Pose Yoga events, where he combines his yoga moves and poses with readings by a writer, creating a whole new and uniquely immersive experience by bringing together different creative art forms.



### **Creative Corner**

12.00 – 2.00pm

Children's Library, Level 4

Come create your own Little Wolf or yoga pose in our creative corner



### **Aldrin Adams and the Legend of Nemeswiss with Paul Howard**

2.30 – 3.15pm

Children's Library, Level 4

*Age 7 yrs+*

Join best-selling children's author (and the creator of Ross O'Carroll Kelly) Paul Howard for an action-packed event. Aldrin Adams is an ordinary boy with the most EXTRAORDINARY, stinkiest super-power! Some months have passed since Aldrin discovered that when he eats CHEESE before bedtime, he can enter people's dreams and nightmares, and help them with their problems. He's learned when to eat blue cheese (to help with nightmares about KILLER toys), smoked cheese (to help him recover from using his powers) and good old Cheddar (TOP SECRET). Find out what happens when he comes face to face with his nemesis - a MYSTERIOUS SUPERNATURAL VILLAIN who creates NIGHTMARES for millions of children every night.

**Paul Howard** is a journalist, author and comedy writer best known as the creator of the No 1 bestselling Ross O'Carroll-Kelly series. He has won a record four Irish Book Awards and is a former Irish Sports Journalist of Year and Irish Newspaper Columnist of the Year.



### **Little Wolf Treasure Hunt around Dún Laoghaire**

11.00am – 3.00pm

Starting in the Children's Library, Level 4

Families will have the opportunity to work as a team and embark on this self-led treasure hunt around dlr Lexicon and environs. Based on author-illustrator Peter Donnelly's recent book Little Wolf. This heartfelt tale inspires little pups everywhere to have the courage to howl in their own voice! Follow the clues and discover your treasure.

Collect your treasure hunt items from the Treasure Hunt desk in the Children's Library area and get going!



### **Rick O'Shea in conversation with Elaine Feeney and Paul Murray**

11.00am – 12.00pm Book Club Event

Gallery, Level 3

Join broadcaster Rick O'Shea in conversation with authors Elaine Feeney and Paul Murray. Nominated for An Post Irish Book Awards – Book of the Year, *How to Build a Boat* is the beautiful novel about a young boy whose mission transforms the lives of his teachers and brings together a community. Winner of the An Post Irish Book Awards – Book of the Year and shortlisted for the Booker Prize and the Nero Prize, *The Bee Sting* explores the failures and vulnerability of the Barnes family and the consequences of a single moment that can change the direction of life.

**Elaine Feeney** is a writer from the west of Ireland. Her 2020 debut novel, *As You Were*, was shortlisted for the Rathbones Folio Prize and the Irish Novel of the Year Award, and won the Kate O'Brien Award, the McKitterick Prize, and the Dalkey Festival Emerging Writer Award. Feeney has published three collections of poetry including *The Radio Was Gospel* and *Rise*, and her short story 'Sojourn' was included in *The Art of The Glimpse: 100 Irish Short Stories*, edited by Sinéad Gleeson. Feeney lectures at the National University of Ireland, Galway.

**Paul Murray** is the author of *An Evening of Long Goodbyes*, *Skippy Dies* and *The Mark and the Void*. *An Evening of Long Goodbyes* was shortlisted for the Whitbread First Novel Award and nominated for the Kerry Group Irish Fiction Award. *Skippy Dies* was shortlisted for the Costa Novel award and the National Book Critics Circle Award, and longlisted for the Booker Prize. *The Mark and the Void* won the Everyman Wodehouse Prize 2016. He lives in Dublin.

**Rick O'Shea** is a broadcaster with RTE, currently weekdays on RTE Gold. He was previously a presenter on RTE2FM and of *The Book Show* on RTE Radio 1. He runs Ireland's largest book club - The Rick O'Shea Book Club on Facebook, hosts and curates public author interviews at

festivals, and chooses the Eason Must Reads lists 4 times a year. He is a member of the An Post Irish Book Awards voting academy. Currently, Rick is literary curator for the annual UCD Festival and a board member of Fighting Words NI in Belfast. He's a former judge of the Costa Book Awards and Dalkey Literary Awards, and a previous curator of the Waterford Writers Weekend.



### **Getting Back to Nature, Miriam Mulcahy in conversation with Vincent Hyland and Maureen McCoy**

2.00 – 3.00pm

Living room area, Level 3

The benefits of the natural world for our mental and physical wellbeing have long been recognised, but perhaps never more so than in the last few years. Writer, journalist and author of *This is My Sea*, Miriam Mulcahy, is joined in conversation by two nature experts as they explore how our desire to reconnect with nature has resulted in a surge in popularity of activities in the outdoors, as well as a drive towards sustainability and a commitment to 'leave no trace.' *Wild Derrynane: A Wildlife Year Explorer's Guide, Stories and Memoir* by wildlife film maker, naturalist and outdoor educationalist Vincent Hyland is a visual natural history of the Skellig Coast, and an invaluable record of the area's changing biodiversity. The forthcoming *The Complete Book of Wild Swimming in Ireland* by Maureen McCoy, complete with spectacular photos by Paul McCambridge, is a comprehensive guide to discovering dramatic and lesser known locations around Ireland for swimming, diving and snorkelling.

**Maureen McCoy**, from Hillsborough, County Down, is an award-winning open-water swimmer, having swum in the sea, loughs and rock pools with her brothers since she was a small child. In 2009, just after her fortieth birthday, she fulfilled her childhood ambition to swim the English Channel. Maureen enjoys outdoor swimming throughout the year and always keeps a swimsuit in her car - just in case.

**Miriam Mulcahy** is a writer and journalist living in Kildare. She contributes to the Irish Times, writing for the property section every week, and last year curated the Surrealist Gallery at Dun Laoghaire Institute of Visual Arts. *This is My Sea*, published by Eriu/Bonnier in August 2023 was an Irish no 1 bestseller, was nominated for an An Post Irish Book Award and was one of the Irish Times books of the year for 2023. *This is My Sea* comes out in paperback this May.

**Vincent Hyland** is a multi-award-winning underwater filmmaker, publisher and digital broadcaster. He was an early adopter of digital technology, establishing Ireland's first digital

design bureau in the mid-1980s. He spent ten years working in technology at Microsoft. He established and published Ireland's first Wildlife magazine "Wild Ireland", has filmed the underwater marine life of Galapagos and Antarctica and worked for the BBC's Natural History Unit. He has appeared on BBC, RTE, TV3 and TG4 television including directing and narrating the recent series "Call of the Wild" for RTE One television. His practice combines music, art and outdoor education. His recent discoveries include night-time fluorescence in underwater temperate marine life. He has just published his life's work "Wild Derrynane" - a Visual Natural History of the Greater Skellig Coast. He is nominated in the 'Eco Individual of the Year' category in the Outsider.ie annual awards that will take place in February 2024. He lives with his partner Mo and son, Neil in Caherdaniel, Co. Kerry.



### **Sketching Workshop with Gwen Wilkinson**

2.00 - 3.30pm

Project Room, Level 3

*Suitable for all ages from 8+ yr and all levels of experience*

*Max 15 spaces*

Dún Laoghaire offers fantastic sketching opportunities, from landmark architecture to open panoramas. This workshop with artist, photographer and writer Gwen Wilkinson will take place both inside the dramatic and light filled space of dlr LexIcon, and directly outdoors in the garden space. Participants will have time to explore elements of composition, perspective and light. In this informal sketching session artists will be encouraged and supported in the act of looking and developing their drawing skills.

What to bring: sketch book, pencils and/or pens.

In the event of bad weather we will stay indoors.

**Gwen Wilkinson** is a third generation artist and maker with a Masters degree in Fine Art from NCAD. An award winning professional artist, her work has been exhibited nationally and internationally in solo and group shows. Her first book *The Waters and the Wild*, published in 2023, describes her journey in a self-built canoe on Ireland's inland waterways and is author illustrated.



## **Also throughout the day**

### **Tours and Demonstrations:**

- Adult and Children's library tours
- Tovertafel demonstration
- 3D printing demonstration
- Acorns, Hublets, laptop rental demonstrations and how to.
- How to access online services, how to book various services such as tovertafel, ASC card & collection.

### **Displays:**

- Booksets, adult and classroom
- ASC display, info and toys
- Sensory room
- Recommended reads for all ages