



Transition Year Opportunities 2024 2025

Explore a range of activities on your doorstep



Improve communication skills



Develop social skills | Build self-confidence



Become more independent | Improve communication skills

Grow through self-directed learning | Become more independent



Experience real team building

Learn about sustainability.
Enjoy new experiences
available close to you

Introduction

Transition Year (TY) is an important part of students' development and opens the door to new worlds of experience. Students get to immerse themselves in all kinds of activities and experiences that facilitate active, self-directed learning.

This brochure will introduce you to a wide range of opportunities that are available locally and provide the basic information about each of them. Have a look through the brief descriptions in this brochure and see which of the experiences on offer most appeals to you. Some of them will offer spills and thrills, and all of them will offer new kinds of learning in different settings.

Sustainability is very important to us all, and the most sustainable activities of all are those available on our own doorsteps. Many of the experiences on offer in this brochure will help TY students to learn about nature and ecology while also having a lot of fun.

This brochure has been prepared by the Tourism Development Section in Dún Laoghaire-Rathdown County Council. Please feel free to contact the providers directly. However, if we can help you in any way, please get in touch.

Tom Dwyer,
Tourism Officer,
Dún Laoghaire-Rathdown County Council

Contact Details

Tom Dwyer

Email: tdwyer@dlrcoco.ie

Phone: 01 205 4700

Address:

Tourism Development
Section, Department of
Planning and Economic
Development,
Dún Laoghaire-Rathdown
County Council,
County Hall,
2 Marine Road,
Dun Laoghaire,
County Dublin,
A96 K6C9.



Hilltop Treks



We offer two main guided walks that bring together nature, history, exercise, storytelling and good fun:

“Sea to the Sky” Guided Walk – Shankill to Ballycorus lead mines.

Approx 10Km – Historical scenic walk.

From 21st-Century gated mansions to the fortified gated communities of Pre-Christian Ireland. This route offers plenty of ‘how the other half live’ down through the centuries and more besides.

“Rock Stars to Fishermen!” – Killiney to Dún Laoghaire.

Approx 8Km - Historical Guided Coastal Walk.

We will follow the coastal road with some of the most expensive real estate in Ireland, with tales of the famous and infamous inhabitants, past and present, along the way.

Numbers:

Caters for up to 40 students (although we can get extra guides if required).

Dates available:

October to March.

One-off event or part of a series/course? One-off although other walks can be suggested if there is a demand for more.

Prices: €25 per student or with a discount depending on numbers.

Contact Details

Email: Terry@hilltoptreks.ie

Website: www.hilltoptreks.com

Mobile: 087 784 9599

Address: 17 Dodder Lawn, Dodder Valley Park, Firhouse D24.





Dalkey Castle & Heritage Centre

Living History Tour

In atmospheric tenth-century grounds, Dalkey Castle uniquely combines a medieval townhouse castle with a contemporary Visitors' Centre and Writers' Gallery.

Costumed actors perform an immersive living history experience. The Archer demonstrates the Longbow, Cook shares medieval recipes, and the Barber Surgeon writes out his potions in calligraphy.

The Visitors' Centre has scaled models of the transport systems, including the atmospheric and funicular railways and the much-loved trams. There are interactive screens with historical information in 12 languages.

The Writers' Gallery features 45 renowned Irish writers and creative artists from Joyce to Bono, and Beckett to Maeve Binchy.



Numbers:

Caters for 28 students per session.

Dates available:

Throughout the school year, but excluding weekends and Tuesdays.

One-off event or part of a series/course?

One-off sessions/visits.

Prices: €11 per student, with one leader free when there are more than ten in the group.

Contact Details

Email: maeve@dalkeycastle.com

Website: www.dalkeycastle.com

Mobile/ Email bookings only. (See above.)

Address: Dalkey Castle & Heritage Centre, 11, Castle St. Dalkey A96 DE61.





Moontour

Water Activities as Gaeilge

Moontour is an Irish-language adventure centre based in Dún Laoghaire. We foster a love for Irish through activity-based learning. For Transition Year students we offer school tours, bespoke TY activity programmes and summer camps.

We offer a range of activities including water sports, such as kayaking and paddleboarding, and land-based activities, such as yoga, photography, active biodiversity & sustainability adventures and language games.

We run all activities from our base in Dún Laoghaire harbour, a short walk from the Dart & Bus. We also deliver in school options for our land activities. Bígí Linn for your #AdventureAsGaeilge!!

Contact Details

Contact: Seán Greif

Email: sean@moontour.ie

Website: www.moontour.ie

Mobile: 085 703 7969

Address: Moontour, Coal Harbour Car Park, Dún Laoghaire Harbour, Co Dublin.



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Numbers:

Caters for 16 - 45 students.

Dates available:

Mid-April to mid-October.

One-off event or part of a series/course?

Programmes are designed to meet each school's schedule and desired learning outcomes.

However, we also have Gaisce programmes and set programmes focusing on personal development. When this suits the school's learning objectives, we recommend a six-week programme made up of half days.

Prices: Approx. €45 per student, per session.



BigStyle

Stand Up Paddle Boarding (SUP)

Stand-up paddle is a great way for students of all abilities to access the water in a safe and fun way. We offer one-hour sessions where we'll teach groups the basics of SUP on land, followed by a tour of the harbour where we'll play some games and have a bit of craic while learning how to paddle.

We supply all the equipment, including boards, paddles, wetsuits and safety equipment. All our instructors are fully insured and ASI qualified.

* The group would be split in two, with half of the group out on the water at any one time over two and a half hours.



Contact Details

Email: SUP@bigstyle.ie

Website: bigstyle.ie/paddle-boarding-dublin/

Mobile: 083 012 3689

Address: BigStyle SUP, Coal Harbour, Dún Laoghaire Harbour.



Numbers:

Caters for up to 60 students*.

Dates available:

Weekdays,
March - December.

One-off event or part of a series/course?

It can operate as a stand-alone, one-time-only activity, or it can be a multi-session course where the students can deepen their knowledge of paddleboarding and water safety.

Prices: €25 per student, depending on the size of the group, or if there are multiple events booked, we could go down in price by a percentage.



Explorium

National Sport and Science Centre

Discover the wonders of science and sport in a unique and visionary setting.

We have created a world-class hub of ideas, innovation and education by igniting curiosity and motivating people to think, ask and discover.

At Explorium, you can see and experience lightning shows, a G-force bike, our climate change experience “Cool it!”, and over 250 interactive exhibits. In our activities section, we have climbing walls, a VR experience and Europe’s first AR Adventures!

Treat your TY students to the Explorium experience. Here, they will explore and learn about our wonderful world in a fun and entertaining way.



Numbers:

Caters for up to 500 students.

Dates available:

September to May.

Prices: Science tickets - €24 per person (minimum of 20 people)

Activities tickets – from €12 to €35 per person (minimum of 20 people)

Contact Details

Email: info@explorium.ie

Website: www.explorium.ie

Address: Blackglan Road, Sandyford, Dublin 18, D18 N1F2.





Pure Magic

SUP, Kite Surfing & Wing Foiling

Windsurfing/ kitesurfing: the most incredible experience and one of the most accessible and powerful watersports to learn. And Dublin is one of the best places in the world to do it.

Stand-up paddleboarding (SUP) challenge: Enjoy SUP relays in a fun atmosphere, where SUP is combined with music and beach volleyball. The result is a dynamic experience that allows TY students to be part of a team and have an unforgettable experience in the process.



Contact Details

Email: info@puremagic.ie

Website: www.puremagic.ie

Mobile: 085 105 8243

Address: Pure Magic , West Pier, Dun Laoghaire Harbour, County Dublin



Numbers:

Kitesurfing:
12 students - 3 hour session.

Wingfoiling:
Up to 6 students.

Stand-up paddleboarding:
Up to 100 students.

Dates available:

April to October.

One-off event or part of a series/course?

A 12-hour course can be arranged. It would consist of 4 three-hour sessions.

Prices:

Kitesurfing: €100 per session (special TY rate).

SUP: €60 per student.

Wingfoiling: €150 per student.



Goat Boat Tours



Boat Tours of Dublin Bay

Goat Boat Tours offer boat tours within the Dublin Bay UNESCO Biosphere. The students will witness incredible scenery and wildlife and will hear all about the rich history of Dublin Bay.

The tours depart and return from Dún Laoghaire Harbour. During the 1.5-hour experience, the students will have an opportunity to view seals, sea birds and a variety of other marine wildlife. They will also learn a great deal about the history of Dublin, Dún Laoghaire Harbour, the iconic Martello Towers, Dalkey Island and our local legends.

Numbers:

Caters for 11 students on each tour, with a maximum of 66 students per day.

Dates available:

We run our tours throughout the year.

One-off event or part of a series/course?

Typically, it is a one-off experience, however we can tailor the experience to suit the needs of the students.

Prices: The cost per tour is €300.00 for a maximum of 11 students. A discount depending on numbers.

Contact Details

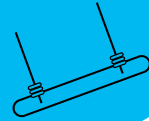
Email: info@goatboat.ie

Website: www.goatboat.ie

Mobile: 087 989 0196

Address: Coal Harbour, Dun Laoghaire Harbour, County Dublin.





Flying Monkeys

Trapeze

Flying Monkeys Trapeze offers a thrilling flying trapeze experience for Transition Year students. Our two-hour classes, led by three expert instructors, provide a unique blend of fun, adrenaline, and safety. Each session begins with a safety briefing and warm-up, followed by instruction on the knee-hang trick. Students then get to perform the trick on the trapeze and, if successful, progress to being caught by the catcher.

This activity not only enhances physical fitness but also boosts confidence and teamwork skills, ensuring an unforgettable adventure. Secure your spot for an exhilarating journey into the world of circus arts!



Contact Details

Email: info@flyingmonkeystrapeze.com

Website: www.flyingmonkeystrapeze.com

Mobile: 087 976 8892

Address: St. Benildus College at Kilmacud Road Upper in Stillorgan, County Dublin.



Numbers:

10 students per class.

Dates available:

From May to September.

One-off event or part of a series/course?

We have both options: individual classes and comprehensive courses for those looking to improve their skills. Our courses typically consist of 5 classes, each lasting 2 hours. Students who take the beginners' course will learn the fundamental skills of flying trapeze.

Prices: Individual classes are €40 each. Full courses are €192.50.

(A special rate can be offered to TY students).



The GAP



Glencullen Adventure Park

Discover this fun little adventure spot in the mountains. We have 40 thrilling downhill mountain bike trails designed for all skill levels and premium full-suspension bike rentals that come with safety gear. Choose to pedal up the scenic route, or take the uplift for a more relaxed experience. The perfect place for Transition Year students and teachers alike! Mountain biking naturally promotes fitness, teamwork, and outdoor fun. Join us for an unforgettable experience in nature! Onsite, you will also find a café, a hiking trail and the ancient burial site known as 'The Giants Grave'. A mountain-bike trainer/coach can be booked separately.

* We can also do split groups where 30 go on a hike while another 30 go biking, and the two groups then swap out. Also, we are located only two minutes' drive from Zip it Forest Adventures!

Numbers:

Caters for 30 students biking at any one time*.

Dates available:

Wednesdays - Fridays all year round.

One-off event or part of a series/course? It can be either. If the preferred TY option is a multi-session course, the course would last between 4 and 6 weeks, with each session lasting 2 to 3 hours.

Prices: €30 Bike & Pedal pass entrance (3 hours).
€45 Bike & Uplift Bus (3 hours).

Contact Details

Email: Hello@thegap.ie Website: www.thegap.ie

Phone: 01 294 2782

Address: Glencullen Adventure Park, Ballybrack road, Glencullen, Dublin 18 D18Y673.





Dublin Boat Tour

Boat Tours of Dublin Bay

Explore Dublin Bay, Killiney Bay, Dalkey Island and the scenery and wildlife of our beautiful coastline from one of our licenced passenger RIBs. All students will be issued with waterproof overalls, and lifejackets as we set sail to explore Dublin Bay.

The activity lasts about 2 hours and is led by our experienced guides (all of whom are licensed passenger-boat skippers and qualified watersports instructors who are Garda Vetted and who regularly look after students of this age in normal day-to-day operations).



Numbers:

Caters for 37 students at a time.

Dates available:

From Monday to Friday all year round.

One-off event or part of a series/course?

One-off sessions of approximately two hours each.

Prices: €25 per student (This is a special price for TY students. The usual cost is €37.10 per person.)

Contact Details

Email: sailing@inss.ie / info@dublinboattour.com

Website: www.dublinboattour.com

Phone: 01 284 4195

Address: Irish National Sailing & Powerboat School,
West Pier, Dun Laoghaire, Co. Dublin, A96 A7K7.





Ski Club

Ireland's Only Dry Ski Slopes

If your school is looking for an enjoyable outdoor activity that will enhance your school's curriculum, while promoting health and wellbeing, then contact Ski Club of Ireland for more information on our schools programme.

Our schools programme runs from September to May. The Club is open for school-group classes at 11.00 hrs Tuesday to Friday. School-group classes are 90 minutes long. Allowing for time to kit out and return the gear, the overall visit lasts for about 2 hours.

The Ski Club provides skis, boots and poles for each pupil at no extra cost.

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Numbers:

Caters for up to 25 students per group.

Dates available:

September to May.

One-off event or part of a series/course?

Can be either once-off or part of course lasting for a number of weeks, ideally 3 weeks. In this case, there would be 3 sessions, each class being 90 minutes long.

Prices: €30 per student for 1 class. Minimum charge €500 per visit.

Contact Details

Email: info@skiclub.ie

Website: skiclub.ie

Phone: 01 295 5658

Address: The Ski Club of Ireland, Kiltiernan, Dublin 18, D18 N704.





Zipit



Ziplining Forest Adventures

Zipit Forest Adventures in Dublin offers an exhilarating outdoor experience perfect for Transition Year students. Nestled in the stunning Tibbradden Woods, this adventure park features treetop-high ropes courses, zip lines, and challenging obstacles. Participants can test their limits across varying difficulty levels, ensuring a suitable challenge for everyone. With a strong focus on safety and teamwork, Zipit provides an excellent opportunity for students to build confidence, develop new skills, and create unforgettable memories in a natural setting. It's an ideal destination for an adventurous day out.



Numbers:

Caters for groups of all sizes. Our course allows for groups of 12-15 every 30 minutes.

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Dates available:

February to November.

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One-off event or part of a series/course?

One-off experience. Each session can last for up to 3 hours.

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Prices: €26 per student.

Contact Details

Email: info@zipit.ie

Website: zipit.ie

Phone: 051 858 008

Address: Tibbradden Wood, Tibbradden, Dublin 16.





Airfield Estate

Urban Farm & Sustainable Education

Join us at Airfield Estate for TY Sustainability Day to learn about sustainable food production with a focus on UN Sustainable Development Goal 11. Students will tour our regenerative and organic farm and gardens in the morning and enjoy hands-on activities in the afternoon:

Tour: Explore solar panels, food waste digester, reed bed filtration system, organic composting, and sustainable farming methods.

Activity 1: 'How Many People Can We Feed?'—Calculate the capacity of organic farms and future solutions.

Activity 2: 'Should All Farms In Ireland Convert To Organic?'—Engage in a role-play debate on organic farming conversion.



Numbers:

Caters for up to two TY-class groups per day.

Dates available:

All year round.

One-off event or part of a series/course?

One session: A 3.5 hour long visit to Airfield Estate.

Prices:

€14 per student.

Contact Details

Education Manager: Florence Corder

Email: education@airfield.ie

Website: www.airfield.ie

Phone: 01 969 6643

Address: Airfield Estate, Overend Way, Dundrum, Dublin 14, D14 EE77.





dlr Mill Theatre

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The DLR Mill Theatre offers vibrant theatrical experiences for young people. A particular highlight is the Mill Youth Theatre Company, which is for aspiring young actors, aged 16 and above, who are in or have completed Transition Year. The TY programme operates throughout the school year. Auditions typically occur in August or September and membership is free.

Annually, DLR Mill Theatre stages Shakespeare plays for Leaving Cert and Junior Cert students. We offer tailored drama workshops, led by experienced facilitators around Arts Education Syllabus texts. Workshops explore characters, themes, and language creatively. For your convenience, the workshops are held at your school.

*For dates and times of performances and workshops, please see our website

Contact Details

Email: info@milltheatre.ie

Website: www.milltheatre.ie/

Phone: 01 296 9340

Address: Dundrum Town Centre,
Dublin 16.



Numbers:

The Mill Youth Theatre Group has 16 members.

Workshops

30 students per group.

Performances

Auditorium holds 207.

Dates available:

The Mill Youth Theatre Group runs from September to April/May.*

One-off event or part of a series/course:

Workshops are organised and structured as required, but each session is of 90 minutes duration.

Prices: Participation in the Mill Youth Theatre is free of charge.

Workshops range from €5 to €7 per student.

Performances range from €22 to €25 per student.



Zero Latency

Virtual Reality Gaming

Zero Latency offers cutting-edge virtual reality experiences for all ages and genders. These experiences are easily accessible for gamers and non-gamers alike. We have a range of different experiences available throughout our venue, with our staff hosting and managing the tech and ensuring that everyone is given the attention and guidance they need in a fun and inclusive environment.

*Each arena game has 8 participants, and each game session lasts for 30 minutes. The minimum duration for a school group is 2 hours. If the number of students goes over 20, the duration of the event will increase depending on group size. Please ask for further details.

Contact Details

Email: cormac@zerolatencyvr.ie

Website: zerolatencyvr.ie

Phone: 01 293 4785

Address: 21 Maple Ave, Sandyford, Dublin, A94 N6V9.



Numbers:

Caters for up to 80 students, but smaller or larger groups can be accommodated if required.

Dates available:

Seven days a week.
Open on bank holidays.

One-off event or part of a series/course: Each visit is a one-off experience, but the availability of so many different experiences and games means that multiple visits will be rewarding*.

Prices: 1- 50 students - €30 per student.
Groups of 50 or more - €25 per student.





Biking.ie



We have over 15 years' experience delivering fully guided, TY-Specific, mountain bike tours with coaching and bike rental included in the cost!

Biking.ie was established in 2007 by Tarja Owens and Niall Davis, two of Ireland's most experienced mountain bikers and highly accomplished international competitors. Ticknock is one of the five national mountain bike centres in Ireland and is highly regarded as one of the best places to mountain bike in the world!

There are now over 30km of routes and amazing trails to choose from, and our instructors will make sure to pick the best possible trails for your group, like the fun and flowing new blue trail called 'Okey Dokey!'

Our bike partner is Trek, and students will get to ride the plush Trek Roscoe bikes which are only ever a few months old and immaculately maintained by our full time mechanics. With expertly designed trails and breath-taking views over Dublin Bay and city, we're here to make this a mountain bike tour to remember, no matter what the ability level is!

Numbers:

Up to 30 students per session.

Dates available:

7 days a week, all year round.

One-off event or part of a series/course:

One-off experience.

Prices: €20 per students for bookings for a minimum of 30 students

Contact Details

Email: info@biking.ie

Website: www.biking.ie

Phone: 01 296 3919

Address: Ticknock Forest, Kellystown Rd, D18 E8RK



